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## THOUGHT OF THE MOMENT

The thought for the moment is: Who's got your back?

In feng shui, there is an important concept called Command Position. I like to compare this position to where the Godfather would choose to sit in a restaurant. This position is located in the back of the room, up against a solid wall, able to see the rest of the room without being in the path of the door. The Godfather also generally has two bodyguards who stand on either side as guardians.

### History

Historically this is represented in the school of forms as a safe place to build a graveyard, a city or building to protect it from the elements of nature or marauding enemies. In our contemporary lives, we use it to feel more empowered in how we place our furniture.

This position is can also referred to as armchair position. Imagine sitting in a large armchair. There is a solid backing, two arms on either side to protect you and then openness up front to allow entryway.

### Application

Ideally, this position is used to place the furniture we spend the most amount of time (beds, desks, couches) to create auspiciousness and reduce the fight or flight reflexes that get triggered by having your back exposed to a room.

This concept and can also relate to other aspects of our lives.

### Offices/Cubicles

See if you rearrange your workspace so that you are in command position with a solid wall behind you and out of the path of the door.

If there is no way to place your furniture into command position (like in a cubicle) this is sometimes why you might see someone create "simulated command position" by placing a mirror or reflected surface in front of you so that you can "see behind you." In black hat feng shui one might also place a shawl with a powerful fire element color on the back of their chair (Reds, Oranges, Deep Pinks) or earth element color (Gold, Brown, Khaki.) If there is a window behind us, we might put up a solid curtain, set of blinds or hang a crystal from the window to protect us.

We also place guardians up behind us on the wall (bookshelves, diplomas or a photos of a mountain range or other protectors) as a symbolic way of representing someone or something "having our back."

## Weddings

When we stand up and take our vows at a wedding, there is a similar process.

Behind us stands a priest, or rabbi or justice of the peace. This person stands as the mountain (of faith) at our backs. Behind us on either side we start with a maid of honor and a best man who spearhead the row of groomsmen and bridesmaids who stand guard on the day of our ceremony and into the lives ahead. The audience (family and friends) flank an aisle that represents the river flowing to our feet. The most auspicious place to stand is at the center of this configuration.

## Sports Teams

The coach is the leader within the organization and therefore represents the power of the team. It starts with the top and works its way down from there. Therefore the coach must be protected from the elements (media/fans/other teams) by the strength of the stadium or building and those who have the coaches back (The General Manager/Team Owners.) When the organization is in harmony and everyone is on the same page, this message (power) can transfer to players and can be a great source of strength for everyone to benefit from.

Start to think about who has your back in your own life. Perhaps there are one or two people who you know that you can always go to in times of need. They may still be alive or perhaps they are on the other side watching over you. These people are your energetic guardians. Your faith and belief in the source of all things in your life is the mountain at your back. And the rest of the people stand like banks of a river creating a clear path for you to explore as you navigate through life.

## RECENT HAPPENINGS

I have been encompassed in finishing up production on the feng shui show pilot for SyFy, writing my e-book and planning my upcoming trips to the Pacific Northwest, NYC and Hawaii.

## Feng Shui Show

Here is a quote from the SyFy channels recent announcement in New York City.

### SYFY ANNOUNCES AN EXPANSIVE SLATE OF NEW REALITY DEVELOPMENT

Series in the works include Molecular Gastronomist Marcel Vigneron, Feng Shui Master Ariel Towne, Illusionist Jason Latimer, and Rogue Inventor Deszo Molnar

New York, New York - March 16, 2010 - Syfy today announced its next generation of reality programming which partners with the top producers in the field to create a wide-ranging development slate of docu-soaps, competition/elimination, and investigative reality series. As part of its larger mandate to "Imagine Greater," this new crop of unscripted series from Syfy will push the envelope of speculative, alternative worlds and lifestyles.

### *Force of Nature*

*Force of Nature* follows the life of Ariel Towne, an average guy who just happens to be a Feng Shui master, as he interweaves contemporary, practical solutions with ancient mystical philosophies to help his wide range of clients achieve their goals. The show will tap into Ariel's unique ability to translate a misunderstood, controversial discipline into an accessible tool relevant to virtually any client, situation, or space from personal homes to restaurants, stores, and even sports arenas. With Ariel as the guide, viewers will peer in on clients who are grappling with compelling, relatable problems - and desperately in need of Ariel's help, and will be inspired by the amazing transformations that Ariel facilitates.

*Force of Nature* is a production of Evolution Media. Executive Produced by Douglas Ross and Co-Executive Produced by Alex Baskin.

<http://scifiwire.com/2010/03/syfy-deverrealityoping.php>

## RECENT ARTICLES



Make Your Place Healthier with Tips from a Feng Shui Expert

[http://www.vitaljuice.com/entry\\_detail/1a/10512/Make\\_your\\_place\\_healthier\\_with\\_tips\\_from\\_a\\_feng\\_shui\\_expert\\_.htm](http://www.vitaljuice.com/entry_detail/1a/10512/Make_your_place_healthier_with_tips_from_a_feng_shui_expert_.htm)



I had three recent articles on Blush.com, one is an interview about my business, the second a series of new tips for spring, and the third about feng shui for your love life.

Interview: The Feng Shui Guy

<http://blog.blush.com/index.php/ariel-joseph-towne/>

Feng Shui For Spring: Part 1

<http://newsletters.blush.com/health/fengshui/index.htm>

Feng Shui for Your Love Life

<http://newsletters.blush.com/health/fengshui2/index.htm>



I also had a recent interview on EverythingMom.com

Feng Shui: More Than Just Moving Your Furniture Around

<http://www.everythingmom.com/soul/feng-shui-more-than-just-moving-your-furniture-around.html>



And my friend and colleague Sadie Nardini quoted me (and linked my Feng Shui For Sex Video which I had recorded for SoulGarden.TV) on HuffingtonPost.com

Are You A Spiritual Snob?

[http://www.huffingtonpost.com/sadie-nardini/are-you-a-spiritual-snob\\_b\\_333751.html](http://www.huffingtonpost.com/sadie-nardini/are-you-a-spiritual-snob_b_333751.html)

## **AN OFFERING FROM ARIEL: Affordable Feng Shui Care For All**

There is no more important thing than setting up your foundation (your heart your mind and your home) to support your intentions. This is not simply a luxury. It is balancing our most vital of environments.

I provide free resources to support your journey in the form of newsletters, podcasts and videos both on my site and on youtube. Some people still benefit from one on one service and they get confused as to how to apply some of these principles into their own life.

In the spirit of making this work available to all (no matter what your financial situation is), I have decided to start offering a limited number of hours/month making my services available to people whatever level they are currently at. What matters is that people are interested in learning more about how these principles can help them in their lives.

Whatever you decide to offer is ok. The idea is that this amount will return to you tenfold.

### **Here How it Works**

Right now I am offering a one hour virtual feng shui or coaching sessions/week completely pay what you wish. It is for virtual consultations only (skype or phone sessions ONLY.)

### **How Much Should I Pay?**

Normally, booking a virtual session with me is \$150/hour. However, let's say all you can afford this week is \$9, but you feel that you need support in some part of your life, write me an email with your request and put Wish in the subject line.

In the body of the email, please list the amount you are offering and I will send you a PayPal request for this amount. Once I have received the payment, you will receive an email with possible windows of time that are still available for the month.

Time and availability are extremely limited so if you are interested, or if you know of anyone who might be, please don't delay.

I look forward to being of service.

## **TRAVEL SCHEDULE**

Los Angeles, CA	Now through March 25th
San Francisco, CA	March 26th-March 29th
Los Angeles, CA	March 30th-April 9th
Seattle, WA	April 10th-11th
Vancouver, BC	April 12th-14th
Portland, OR	April 14th-17th
Los Angeles, CA	April 19th-25th
New York City, NY	April 26th-May 2nd
ADDITIONAL TRAVEL: Dates TBD	
Hawaii, HI	May 2010
Fort Lauderdale	July 2010

<http://www.thefengshuiguys.com/travel.html>

If you are interested in having me come to your city, please email at [consult@thefengshuiguys.com](mailto:consult@thefengshuiguys.com)

## RECENT TESTIMONIAL

"My home had been on the market for over eight months during what was a very challenging time for sellers. I met Ariel Joseph and was immediately impressed not only by his expertise in feng shui but also with his knowledge about life, the human spirit, and how we have relationships with our space.

During our session, Ariel immediately made me feel even more at home in my own home by creating a sacred and safe environment for me to talk about my attachments to my home and how I could be energetically holding on to the property. And he was right! As much as I needed to sell my home, there was big part of me that did not want to let it go. Ariel coached me through a releasing process and even inspired me to get excited about my next new home. After our discussion, Ariel walked through my house performing his feng shui magic and completed with a beautiful blessing that left me feeling incredibly free and at peace with saying good-bye to my home. One week after our appointment, my house sold and closed in a seamless 60 day escrow. One month after our appointment, I found my new home in the most graceful way. Coincidence? I think not – it's the Feng Shui Guy."

Christine Hassler  
Author, Speaker, Life Coach

## BOOKING A CONSULTATION

### When is a good time to Feng Shui my space?

#### Beginnings

Some people have the luxury of working on a space from the foundation up. This may include design, construction or working in a raw space.

- This could mean moving into an empty building, floor or apartment.
- It can also apply to grand openings, housewarmings or launches.
- The earlier these principles can be considered, the less work it might create in the architecture/design stage, painting and construction or in the furniture placement stage.

#### Feeling Stuck

Some people are in a space so long that they become numb to their environment. It can sometimes be helpful to have an extra set of eyes to help you shake things up.

#### Times of Transition

- Breakups
- Birthdays
- New Years
- Change of seasons and
- Before or after construction

are all wonderful times to reevaluate your space.

#### Endings

- Manifesting a new space
- Deaths
- Outgrowing your space

are all good times to consider using these principles to support your process of endings and new beginnings.

You might benefit from a life coaching session, house blessing or re-envisioning of what your new needs are based on all of your expansion and growth.

### What can Feng Shui help me with?

Feng shui also helps support people through specific areas of their life, including:

- Relationships (manifesting a partner, healing, more passion/sex)
- Prosperity and Abundance (money drains, the two types of money challenges, upleveling your abundance)
- Career (jump starting your stagnant work life, manifesting more clients, switching career tracks)
- Health (insomnia, infertility, low energy)

### **What does a consultation consist of?**

There are 3 stages to a consultation. The check in, the walk through and the blessing.

The "check in" is where

- you tell me a bit about you and your goals...then I ask a few questions to glean a clearer picture.
- Then I would share some basic feng shui principles so that when I make my suggestions in the space it is clear WHY so that it is clear that I am not just saying "do this, do that" as if it is my opinion. You know? (This process can be as long as you want it to be. I usually follow the clients lead on this.)

The "walk through" is where we look at the space as a whole and I make suggestions that

- you can do immediately
- things that might take a short amount of time and
- more intermediate and long term suggestions (so that you won't be overwhelmed and feel that everything needs to be done at the same time.)

The "blessing" is (usually) where we might

- move some things around
- hang some cures (things to balance the energy of the space)
- and at the end I perform a blessings to clear out old energies on a space and then welcome in some new energy. (If this is a virtual session I can do a remote blessing with you, or offer suggestions on how to perform the blessing yourself.)

An initial consultation on a one bedroom apartment is generally 2-3 hours. If you have a larger space or property please email me at [info@thefengshuiguy.com](mailto:info@thefengshuiguy.com) for inquiries.

### **How can I work with Ariel?**

Ariel can come to your home, office or property and work with you in person. He has a two hour minimum for in person consulting. Virtual consultations are also available.

### **How does a virtual consultation work?**

- Virtual consultations can happen over the phone, or via an online service such as Skype in one hour increments.
- Send photos, videos, a blueprint or create a virtual floorplan.
- Consult on one room, one floor or the whole building!

### **Rates**

- \$200/hour for in person consulting. Please note: there is a two hour minimum for in person services.
- \$150/hour for Virtual (phone/Skype) consulting.

### **To Schedule an appointment**

#### **Step 1:**

Purchase a one hour session from <http://consultation.thefengshuiguy.com> (this will function as your deposit for an in person session)

or

Send in a one hour deposit to the address below:

The Feng Shui Guy  
Attn: Ariel Joseph Towne  
9903 Santa Monica Blvd.  
#638  
Beverly Hills CA 90212

**Step 2: Scheduling our session**

Once I have received the deposit, I will email you so that we can schedule our appt.  
For email correspondance please write to: [consult@thefengshuiguy.com](mailto:consult@thefengshuiguy.com)

**Step 3: contact info for our session**

*In Person Session*

Once I have received the deposit and we have scheduled our appt, I will need things like address, contact #'s etc.

*Virtual Session*

If we are doing a virtual session I will need a blueprint, photos or video. I will also need your Skype name or phone # for our session